

**BEFORE THE FITNESS TO PRACTISE COMMITTEE
OF THE GENERAL OPTICAL COUNCIL**

IO(26)07

**INTERIM ORDER APPLICATION
DETERMINATION SUMMARY
2 JULY 2026**

PRIVATE HEARING

Name of Registrant: Ishrat Nazir

Registration number: 01-26542

Professional status: Optometrist

Type and length of interim order: The Fitness to Practise Committee determined to make an interim order of conditional registration from 2 July 2026 for a period of 18 months.

The order will be further reviewed within 6 months from today unless all matters are resolved within that time, or earlier should new evidence be made available, or if the registrant, at any time after three months from today's date, requests an early review.

The list of public conditions imposed are as follows:

A1.1 Informing others	You must inform the following parties that your registration is subject to conditions. You should do this within two weeks of the date this order takes effect. a. Any organisation or person employing or contracting with you to provide paid or unpaid optical services, whether or not in the UK (to include any locum agency). b. Any prospective employer or contractor where you have applied to provide optical services, whether or not in the UK. c. Chairman of the Local Optometric Committee for the area where you provide optometric services. d. The NHS body in whose ophthalmic performer or contractor list you are included or are seeking inclusion.
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A1.2 Employment and work	You must inform the GOC if: a. You accept any paid or unpaid employment or contract, whether or not in the UK, to provide optical services. b. You apply for any paid or unpaid employment or contract to provide optical services outside the UK. c. You cease working. This information must include the contact details of your prospective employer/ contractor and (if the role includes providing NHS ophthalmic services) the relevant NHS body.
A1.3 Other proceedings	You must inform the GOC within 14 days if you become aware of any criminal investigation or formal disciplinary investigation against you.
A1.4 Registration requirements	You must continue to comply with all legal and professional requirements of registration with the GOC. A review hearing will be arranged at the earliest opportunity if you fail to:- a. Fulfil all CET requirements; or b. Renew your registration annually.
2.	You must keep a record of all referrals and log all factors involved in the referral including the reason for the referral, the urgency and whether the referral was acknowledged and accepted. The log shall include details of any delayed referrals.
3.	An independent reviewer (approved by the GOC) shall review every two months and report to the GOC every six months. The record shall be reviewed by dip sample of five cases chosen at random by the independent reviewer.
4.	The Registrant shall appoint a mentor of her choice. There is no requirement to disclose confidential information regarding matters discussed. However, it is a matter for the Registrant to refer in any reflective statement to such matters as she feels appropriate. The purpose of this condition is to support the Registrant's wellbeing and work life balance.

5.	The Registrant shall provide the reviewing Committee with a reflective statement every 6 months focussed on referral management and patient safety considerations.
6.	The Registrant will provide the reviewing Committee with a log of all CPD undertaken and in particular CPD relating to referral management, clinical governance and patient safety.