

**BEFORE THE FITNESS TO PRACTISE COMMITTEE
OF THE GENERAL OPTICAL COUNCIL**

IO(24)10

**FORTH INTERIM ORDER REVIEW
DETERMINATION SUMMARY
16 DECEMBER 2025**

PRIVATE HEARING

Name of Registrant: Adam-Bilal Sayed

Registration number: 01-36298

Professional status: Optometrist

Type and length of interim order: The Fitness to Practise Committee determined to make an interim order of conditional registration from 2 April 2024 for a period of 18 months. The order was reviewed and continued on 16 September 2024 and 19 March 2025.

On 3 September 2025 and 16 December 2025, the Fitness to Practise Committee determined to maintain the current interim order of conditional registration.

On 1 October 2025, the High Court extended the Interim Order until 2 October 2026.

The order will be further reviewed within 6 months from today unless all matters are resolved within that time, or earlier should new evidence be made available, or if the registrant, at any time after 3 months from today's date, requests an early review.

The list of public conditions imposed are as follows:

A1.1 Informing others	You must inform the following parties that your registration is subject to conditions. You should do this within three weeks of the date this order takes effect.
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	<ol style="list-style-type: none"> 1. Any organisation or person employing or contracting with you to provide paid or unpaid optical services, whether or not in the UK (to include any locum agency). 2. Any prospective employer or contractor where you have applied to provide optical services, whether or not in the UK. 3. The Chair of the Local Optometric Committee for the area where you provide optometric services. 4. The NHS body in whose ophthalmic performer or contractor list you are included or are seeking inclusion.
A1.2 Employment and work	<p>You must inform the GOC within three weeks if:</p> <ol style="list-style-type: none"> 1. You accept any paid or unpaid employment or contract, whether or not in the UK, to provide optical services. 2. You apply for any paid or unpaid employment or contract to provide optical services outside the UK. 3. You cease working. <p>This information must include the contact details of your prospective employer/ contractor and (if the role includes providing NHS ophthalmic services) the relevant NHS body.</p>
A1.3 Supervision of Conditions	<p>You must:</p> <ol style="list-style-type: none"> 1. Identify a supervisor, of at least three years experience as a registered optometrist, who would be responsible for taking an active role in the oversight your clinical practice and would in particular be prepared to monitor: <ul style="list-style-type: none"> • the adequacy of your clinical investigations; • the appropriateness of your future management of your patients. • the accuracy and completeness of your patient records; and in order for the supervisor to do this, you should every two weeks supply ten anonymised patient records, to be selected at random by the supervisor. 2. Ask the GOC to approve your supervisor within three weeks of the date this order takes effect. If you are not

	<p>employed, you must ask the GOC to approve your supervisor before you start work.</p> <ol style="list-style-type: none"> 3. You must not work until your supervisor has been approved. 4. Identify another supervisor if the GOC does not agree to your being monitored by the proposed supervisor. 5. Place yourself under the supervision of the approved supervisor and remain under their supervision for the duration of these conditions. 6. The supervisor must be available whilst you are practising at all times by telephone contact for you to seek advice. 7. At least once a fortnight meet your supervisor to review compliance with these conditions, with particular reference to condition 1 above, including a discussion about the patient records referred to above and your progress with any personal development plan. 8. At least one month before the next review hearing or upon request by the GOC, submit a written report from your supervisor to the GOC, detailing how you have complied with the conditions they are monitoring. 9. Inform the GOC of any proposed change to your supervisor and again place yourself under the supervision of someone who has been agreed by the GOC.
A1.4 Other proceedings	You must inform the GOC within two weeks if you become aware of any criminal investigation or disciplinary investigation against you.
A1.5 Registration requirements	<p>You must continue to comply with all legal and professional requirements of registration with the GOC.</p> <p>A review hearing will be arranged at the earliest opportunity if you fail to:</p> <ol style="list-style-type: none"> 1. Fulfil all CPD requirements; or 2. Renew your registration annually.
A4.1 Restriction on practice	<p>You must:</p> <ol style="list-style-type: none"> 1. Whenever a patient presents with symptoms of headache, vision loss, flashes or floaters, seek a second opinion from

	<p>your supervisor or another registered optometrist about your management of the condition and record this discussion in your clinical notes.</p> <p>2. Always work in a practice where there are other registered optometrists in attendance.</p>
A4.5 Personal Development Plan	<p>You must:</p> <ol style="list-style-type: none">1. Work with your supervisor to formulate a personal development plan, which should be specifically designed to address deficiencies in the following area(s) of your practice: assessment, referrals, record keeping, history and symptom taking.2. Submit a copy of your personal development plan to the GOC for approval within one month of these conditions taking effect.