

**BEFORE THE FITNESS TO PRACTISE COMMITTEE  
OF THE GENERAL OPTICAL COUNCIL**

**IO(24)10**

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**FORTH INTERIM ORDER REVIEW  
DETERMINATION SUMMARY  
16 DECEMBER 2025**

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**PRIVATE HEARING**

**Name of Registrant:** Adam-Bilal Sayed

**Registration number:** 01-36298

**Professional status:** Optometrist

**Type and length of interim order:** The Fitness to Practise Committee determined to make an interim order of conditional registration from 2 April 2024 for a period of 18 months. The order was reviewed and continued on 16 September 2024 and 19 March 2025.

On 3 September 2025 and 16 December 2025, the Fitness to Practise Committee determined to maintain the current interim order of conditional registration.

On 1 October 2025, the High Court extended the Interim Order until 2 October 2026.

The order will be further reviewed within 6 months from today unless all matters are resolved within that time, or earlier should new evidence be made available, or if the registrant, at any time after 3 months from today's date, requests an early review.

The list of public conditions imposed are as follows:

A1.1 Informing others	You must inform the following parties that your registration is subject to conditions. You should do this within three weeks of the date this order takes effect.
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	<ol style="list-style-type: none"> <li>1. Any organisation or person employing or contracting with you to provide paid or unpaid optical services, whether or not in the UK (to include any locum agency).</li> <li>2. Any prospective employer or contractor where you have applied to provide optical services, whether or not in the UK.</li> <li>3. The Chair of the Local Optometric Committee for the area where you provide optometric services.</li> <li>4. The NHS body in whose ophthalmic performer or contractor list you are included or are seeking inclusion.</li> </ol>
A1.2 Employment and work	<p>You must inform the GOC within three weeks if:</p> <ol style="list-style-type: none"> <li>1. You accept any paid or unpaid employment or contract, whether or not in the UK, to provide optical services.</li> <li>2. You apply for any paid or unpaid employment or contract to provide optical services outside the UK.</li> <li>3. You cease working.</li> </ol> <p>This information must include the contact details of your prospective employer/ contractor and (if the role includes providing NHS ophthalmic services) the relevant NHS body.</p>
A1.3 Supervision of Conditions	<p>You must:</p> <ol style="list-style-type: none"> <li>1. Identify a supervisor, of at least three years experience as a registered optometrist, who would be responsible for taking an active role in the oversight your clinical practice and would in particular be prepared to monitor: <ul style="list-style-type: none"> <li>• the adequacy of your clinical investigations;</li> <li>• the appropriateness of your future management of your patients.</li> <li>• the accuracy and completeness of your patient records; and in order for the supervisor to do this, you should every two weeks supply ten anonymised patient records, to be selected at random by the supervisor.</li> </ul> </li> <li>2. Ask the GOC to approve your supervisor within three weeks of the date this order takes effect. If you are not</li> </ol>

	<p>employed, you must ask the GOC to approve your supervisor before you start work.</p> <ol style="list-style-type: none"> <li>3. You must not work until your supervisor has been approved.</li> <li>4. Identify another supervisor if the GOC does not agree to your being monitored by the proposed supervisor.</li> <li>5. Place yourself under the supervision of the approved supervisor and remain under their supervision for the duration of these conditions.</li> <li>6. The supervisor must be available whilst you are practising at all times by telephone contact for you to seek advice.</li> <li>7. At least once a fortnight meet your supervisor to review compliance with these conditions, with particular reference to condition 1 above, including a discussion about the patient records referred to above and your progress with any personal development plan.</li> <li>8. At least one month before the next review hearing or upon request by the GOC, submit a written report from your supervisor to the GOC, detailing how you have complied with the conditions they are monitoring.</li> <li>9. Inform the GOC of any proposed change to your supervisor and again place yourself under the supervision of someone who has been agreed by the GOC.</li> </ol>
A1.4 Other proceedings	<p>You must inform the GOC within two weeks if you become aware of any criminal investigation or disciplinary investigation against you.</p>
A1.5 Registration requirements	<p>You must continue to comply with all legal and professional requirements of registration with the GOC.</p> <p>A review hearing will be arranged at the earliest opportunity if you fail to:</p> <ol style="list-style-type: none"> <li>1. Fulfil all CPD requirements; or</li> <li>2. Renew your registration annually.</li> </ol>
A4.1 Restriction on practice	<p>You must:</p> <ol style="list-style-type: none"> <li>1. Whenever a patient presents with symptoms of headache, vision loss, flashes or floaters, seek a second opinion from</li> </ol>

	<p>your supervisor or another registered optometrist about your management of the condition and record this discussion in your clinical notes.</p> <p>2. Always work in a practice where there are other registered optometrists in attendance.</p>
<p>A4.5 Personal Development Plan</p>	<p>You must:</p> <ol style="list-style-type: none"> <li>1. Work with your supervisor to formulate a personal development plan, which should be specifically designed to address deficiencies in the following area(s) of your practice: assessment, referrals, record keeping, history and symptom taking.</li> <li>2. Submit a copy of your personal development plan to the GOC for approval within one month of these conditions taking effect.</li> </ol>