

**BEFORE THE FITNESS TO PRACTISE COMMITTEE
OF THE GENERAL OPTICAL COUNCIL**

GENERAL OPTICAL COUNCIL

F(25)35

AND

ABBIE MCBAIN (01-23326)

**NOTICE OF INQUIRY
SUBSTANTIVE HEARING**

Take notice that an inquiry will be conducted in the above matter by the Fitness to Practise Committee of the General Optical Council.

A substantive hearing will be proceeding:

Remotely

The substantive hearing will take commence at 9:30am on **Monday 6 to Friday 10 July and Friday 17 July 2026** by way of video conference or telephone conference facilities.

The Inquiry will be based upon the allegation submitted by the Council (see below) and will determine whether the fitness to practise of **Abbie McBain** is impaired by virtue of the provisions contained in section 13D(2) of the Opticians Act 1989.

Euan Napier
Hearings Manager, General Optical Council

15 June 2026

ALLEGATION

The Council alleges that you, Abbie McBain 01-23326, a registered optometrist, whilst working at [redacted]:

1. On or around 4 March 2021, you conducted a sight test on Patient A, a minor, and:
 - a. You failed to maintain adequate patient records in that you:
 - i. Recorded inconsistent information regarding Patient A's visual symptoms;
 - ii. Did not record Patient A's near oculomotor status;
 - b. You failed to carry out an adequate examination of Patient A in that you:
 - i. Did not identify the optic disc swelling in Patient A's right eye;
 - ii. Did not detect signs of an intracranial space-occupying lesion in Patient A;
 - c. You failed to refer Patient A to the Hospital Eye Service for further investigation, despite this being clinically indicated, in that:
 - i. There was swelling of the nasal aspect of the optic disc margin of Patient A's right eye;
 - ii. There was significantly reduced acuity in Patient A's right eye but no apparent amblyogenic factor;
2. On or around 7 May 2022 you conducted a sight test on Patient A, a minor, and:
 - a. You failed to maintain adequate patient records in that you:
 - i. Did not adequately record Patient A's symptoms of the headaches, such as the onset, location, frequency and duration;
 - ii. Did not to record Patient A's near oculomotor status;
 - b. You failed to carry out an adequate sight test on Patient A in that you:
 - i. Did not identify the optic disc swelling in Patient A's right eye;
 - ii. Did not detect signs of an intracranial space-occupying lesion in Patient A;
 - c. You failed to refer Patient A to the Hospital Eye Service for further investigation, despite this being clinically indicated, in that:
 - i. Patient A reported a new symptom of headaches;
 - ii. There was increased swelling of the nasal aspect of the optic disc margin of Patient A's right eye;
 - iii. There was reduced acuity in Patient A's right eye but no apparent amblyogenic factor;
3. On or around 14 February 2023 you conducted a sight test on Patient A, a minor, and:
 - a. You failed to maintain adequate patient records in that:

- i. You failed to record Patient A's near oculomotor status;*
- b. You failed to carry out an adequate sight test on Patient A in that you:*
 - i. Did not identify the optic disc swelling in Patient A's right eye;*
 - ii. Did not detect signs of an intracranial space-occupying lesion in Patient A;*
- c. You failed to refer Patient A to the Hospital Eye Service for further investigation, despite this being clinically indicated, in that:*
 - i. There was increased swelling of the nasal aspect of the optic disc margin of Patient A's right eye;*
 - ii. There was reduced acuity in Patient A's right eye but no apparent amblyogenic factor*

And by virtue of the facts set out above, your fitness to practise is impaired by reason of misconduct.

Committee Members: Andy Brennan (Chair)
Nigel Pilkington (Lay)
Ian Hanson (Lay)
Annabelle McGee (Optometrist)
Sarvat Fida (Optometrist)

Legal Adviser: Kelly Thomas

Hearings Officer: Terence Yates

Transcribers: Marten Walsh Cherer Limited

If you require further information relating to this hearing, please contact the Council's Hearings Manager at hearings@optical.org.