

# BEFORE THE FITNESS TO PRACTISE COMMITTEE OF THE GENERAL OPTICAL COUNCIL

IO(23)11

# INTERIM ORDER APPLICATION DETERMINATION SUMMARY 15 AUGUST 2023

#### PRIVATE HEARING

Name of Registrant: Saima Bashir Registration number: 01-17899 Professional status: Optometrist

**Type and length of interim order**: The Fitness to Practise Committee determined to make an interim order of conditional registration from 15 August 2023 for a period of 18 months.

The order will be further reviewed within 6 months from today unless all matters are resolved within that time, or earlier should new evidence be made available, or if the registrant, at any time after three months from today's date, requests an early review.

#### LIST OF CONDITIONS

#### A1.1

# Informing others

You must inform the following parties that your registration is subject to conditions. You should do this within three weeks of the date this order takes effect.

- a. Any organisation or person employing or contracting with you to provide paid or unpaid optical services, whether or not in the UK (to include any locum agency).
- b. Any prospective employer or contractor where you have applied to provide optical services, whether or not in the UK.



- c. Chairman of the Local Optometric Committee for the area where you provide optometric services.
- d. The NHS body in whose ophthalmic performer or contractor list you are included or are seeking inclusion.

#### A1.2

Employment and work

You must inform the GOC within two weeks if:

- a. You accept any paid or unpaid employment or contract, whether or not in the UK, to provide optical/ophthalmic services.
- b. You apply for any paid or unpaid employment or contract to provide optical/ophthalmic services outside the UK.
- c. You cease working.

This information must include the contact details of your prospective employer/contractor and (if the role includes providing NHS ophthalmic services) the relevant NHS body.

### A1.3

Supervision of Conditions

#### You must:

- a. Identify a workplace supervisor who would be prepared to monitor your compliance with conditions A1.3 d, e, f, g, h, i of these conditions.
- b. Ask the GOC to approve your workplace supervisor within three weeks of the date this order takes effect. If you are not employed, you must ask the GOC to approve your workplace supervisor before you start work providing paid or unpaid optical/ophthalmic services.
- c. Identify another supervisor if the GOC does not agree to your being monitored by the proposed workplace supervisor.
- d. Place yourself under the supervision of the approved workplace supervisor and remain under his/her supervision for the duration of these conditions.
- e. You must consult your workplace supervisor about all patients presenting with an IOP of more than 23 mmHg (via non-contact tonometry), and/or any other clinical signs or symptoms that are suggestive of any form of glaucoma, as soon as possible (and at least within 48 hours) of their detection.
- f. You should discuss with your workplace supervisor your management of all patients presenting with an IOP of more than 23 mmHg and ensure that all of the appropriate/additional examinations have been completed, including assessment of the patient's anterior chamber angles, examination of their optic nerve heads, and assessment of their visual fields.
- g. You must meet with your workplace supervisor every two weeks to review the complete patient records (NB: this includes any previous eye examinations that the patient had at the practice) for all the patients presenting with an IOP



of more than 23 mmHg. Your workplace supervisor must check that wherever a referral to the Hospital Eye Service (HES) is clinically indicated for patients, an appropriate referral has been made in good time.

- h. Every two weeks you must provide your workplace supervisor with details of all your patient appointments at each practice where you are employed or contracted to provide optical/ophthalmic services. Your workplace supervisor must then randomly select five patients and you must provide their complete patient record to him/her. The workplace supervisor must review the records to ensure that you have conducted comprehensive assessments and made appropriate referrals.
- i. At least every two months or upon request of the GOC, you must request a written report from your workplace supervisor for you to provide to the GOC. The report must detail how you have complied with the conditions that your workplace supervisor is monitoring. The report should include dated records from the 2 weekly reviews, comment on the quality of your examinations, recordkeeping and management of patients with a particular focus on those with clinical signs suggestive of glaucoma.
- j. Inform the GOC of any proposed change to your workplace supervisor and again place yourself under the supervision of someone who has been agreed by the GOC.

#### A1.4

# Other proceedings

You must inform the GOC within 14 days if you become aware of any criminal investigation or formal disciplinary investigation against you.

#### A1.5

# Registration requirements

You must continue to comply with all legal and professional requirements of registration with the GOC.

A review hearing will be arranged at the earliest opportunity if you fail to:-

- a. Fulfil all CET requirements; or
- b. Renew your registration annually.

## A1.6

# Personal Development Plan

You must continue to develop your knowledge on the clinical management of glaucoma and incorporate measures to address this knowledge into your personal development plan.